

Wyoming Down Syndrome Association (WyDSA)
Annual Family Conference Schedule
June 28, 2025

8:00 – 8:45

Registration & Breakfast – Terrace

8:45 – 9:15

Welcome - Terrace

Parents and Adult Family Members - Wyoming Theater

9:15 – 9:30

WyDSA Family Conference “Why is it Free?” – Bob Sell

9:30 – 10:45

Sie Center- Emotion Regulation & Mental Health: Supporting Needs at Home and at school- Allison Meyer, PhD & Jen Harris, MSE

10:45 – 11:00 – Break

11:00 – 12:15

Sie Center - Moving Towards Independence: How to use visual tools to support participation, communication, and self-advocacy by Kat Kowerska, MA, CCC-SLP

12:15 – 1:15

All attendees – Lunch – Terrace

1:30 – 3:30

Terry Couwenhoven “There’s No Place Like Home for Sexuality Education”

3:30 – 5:30

Break

5:30 – 6:30

Dinner

6:30

Dance performance & Buddy Ball

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Adults & Teens with Down Syndrome

9:15 – 10:15
Terry Couwenhoven “Do You Feel Respected”

10:30 – 12:15
Work on Dance Performance

12:15 – 1:15
All attendees – Lunch – Terrace

1:30 – 3:30
Work on Dance Performance

3:30 – 5:30
Break

5:30 – 6:30
Dinner

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9:15 – 12:15

Siblings ages 7-14 – Offsite Activities

Children ages 6-12 – Respite Provided

Children ages 0-5 – Respite Provided

12:15 – 1:15

All attendees – Lunch – Terrace

1:30 – 3:30

Siblings ages 7-14 – Offsite Activities

Children ages 6-12 – Respite Provided

Children ages 0-5 – Respite Provided

3:30 – 5:30

Break

5:30 – 6:30

Dinner

6:30

Dance performance & Buddy Ball